

# Associate of Arts Degree (A.A.)

## Physical Education Emphasis

This program is designed for students transferring to a four-year college or university to complete a degree in physical education, health education, or coaching. **Students should consult the catalog of the institution to which they expect to transfer and should select appropriate courses in consultation with their advisor.** The basis of this program has been designed to transfer to MSU-Northern but will also transfer to other institutions.

At the conclusion of this program students will:

- Obtain a comprehensive general education core background for transfer to a four-year program.
- Have an in-depth background in health and education.
- Have completed the first-two years toward obtaining a degree for a teacher certification.
- Have a working knowledge of the human body and performance

The program course requirements are presented in sequence. *Part-time students and others who cannot follow this sequence should check course descriptions in this Catalog to determine prerequisites and, in addition, should consult their academic advisor regarding the order in which they take courses.*

First Year—Fall Semester			First Year—Spring Semester		
KIN121	Theory & Practice of Basic Exercise	2	HEE 220	Intro to Physical Education	3
WRIT 101	College Writing I	3	WRIT 201	College Writing II	3
PSYX 100	Intro to Psychology	3	PSYX 230	Developmental Psychology	3
CAPP 120	Intro to Computers	3	M 121	College Algebra	4
EDU 200	Intro to Education	3	HTH 101	Opportunities in Health Professions	3
	*Humanities Core Requirement	3			—
		17			16
Second Year—Fall Semester			Second Year—Spring Semester		
HTH 110	Personal Health and Wellness	3	HSTA 255	Montana History	3
NUTR 221	Basic Human Nutrition	3		* Science Core Requirement	3 (4)
BIOH 104	Basic Human Biology	3	PSYX 272	Educational Psychology	3
BIOH 105	Basic Human Biology Lab	1	ECP 100	First Aid and CPR	1
COMX 111	Public Speaking	3		*Humanities Core Requirement	3
	*Humanities Core Requirement	3	ACT	Choose two ACT courses:	2
		16		ACT 105 Aerobic Fitness	
				ACT 106 Beginning Conditioning	
				ACT 110 Beginning Weight Training	
				ACT 150 Beginning Yoga	
					15 (16)
			Total Hours in Program— 64 (65)		
Core Requirements should be selected in consultation with an advisor and/or the college to which the student intends to transfer. Refer to Core Requirements for the Associate of Arts Program.					